

# AMPLIFY PACKING LIST 2023

## MANDATORY FOR ALL SLEEP AWAY CAMPERS

- 7–14 days' worth of clothes (depending on session) suitable for 80°+ weather. For a 2-week session, we suggest a minimum of...
  - 8 pairs of shorts
  - 10 t-shirts/tank tops
  - 2 pairs of jeans
  - 2 sweatshirts
  - 2 long-sleeved shirts
  - 1 light jacket
  - 6 pairs of PJs
  - 4 cozy pant/shirt sets for lounging, like sweatpants, leggings
  - 14 pairs of socks
  - underclothes for 14 days
  - 2 swimsuits
  - 1 pair of sneakers
  - 1 pair of flip-flops/sandals
  
- Bedding/linens
  - twin fitted and top sheet
  - pillow + pillowcase
  - cozy blanket or sleeping bag
  - light/throw blanket
  - bath towel
  - beach towel
  - hand towel
  - wash cloth
  - laundry bag
  
- Toiletries/personal hygiene items
  - toothbrush + toothpaste
  - hair grooming items, like brush, comb, bonnet
  - hair cleaning products, like shampoo, conditioner
  - soap/body wash
  - moisturizer
  - face care items, like acne cream
  - caddy/bag to store + carry items from dorm to shower/bathroom
  - menstrual products
  
- Prescriptions + over the counter meds, turned in to health supervisor upon arrival
  - must be in clear, resealable zipper storage bag with camper's full name + age clearly written on front
  - must be in original packaging with dosing instructions
  - if sending pills, please only pack the amount of doses needed while at camp: count out number of pills needed from the afternoon on day 1 to breakfast on day 7, 14, 28, etc. (do not send more doses than needed for camp)
  
- Labeled water bottle
- Small backpack, bag, or tote
- Sun/outdoor protection: hat, bandana, sunglasses, sunscreen, lip balm, bug repellent
- N95 (or equivalent) masks

## ADDITIONAL ITEMS FOR LEGENDS + LITs (9<sup>TH</sup>-12<sup>TH</sup> GRADERS) + CAMPERS STAYING 4+ WEEKS

- Sleeping bag
- Sleeping pad or mat
- Overnight backpack
- Flashlight/headlamp

## EVEN MORE ADDITIONAL ITEMS FOR CAMPERS STAYING 4+ WEEKS

- Cash for at least 3 meals + snacks
- Strap for eyewear (especially for zipline + whitewater rafting)
- Water footwear that won't fall off (cros + flip-flops not allowed while rafting)
- Quarters for laundry
- Travel laundry detergent

## OPTIONAL FOR ALL SLEEP AWAY CAMPERS

- Cash (mandatory for some campers, per above ↑)
- Extra funky clothes for the FINAL SHOWCASE!
- Swim gear: goggles, water shoes, snorkel, mask
- Pre-addressed, stamped envelopes
- Flashlight/headlamp
- Parasol
- Non-SIM card/Wi-Fi audio player + headphones, pre-loaded with enough music/content to help campers adjust, especially when going to sleep at night...some of these are Campfire Player, Mighty Vibe, or drag-and-drop MP3 player
- Disposable, digital, and/or Instax camera
- Basic eReader, preloaded with books/content
- Traditional wristwatch
- Alarm clock
- AM/FM radio
- Sleep sound machine and/or twinkle lights to create a calm, restful sleeping environment
- Journal, pen, and tape for writing, drawing, and saving ephemera
- Clip-on fan or fan/water bottle combo
- Book(s) with reading light

## FOR ALL DAY CAMPERS

- Labeled water bottle
- Small backpack, bag, or tote
- Sun/outdoor protection: hat, bandana, sunglasses, sunscreen, lip balm, bug repellent
- Swim gear: swimsuit, towel (OPTIONAL: goggles, water shoes, snorkel, mask, change of clothes)
- N95 (or equivalent) mask

## LEAVE THESE BEHIND

If the following items are found at camp, we reserve the right to IMMEDIATELY DISMISS all campers involved, without a refund.

- ⊙ Anything with a digital screen, SIM card, or Wi-Fi connection (except eReaders), like cell phones, computers, tablets, iPods, gaming devices...we are a tech-free camp!
- ⊙ Weapons: knives, guns, slingshots, etc.
- ⊙ Hair dye
- ⊙ Scissors, razors, X-ACTO knives
- ⊙ Non-prescribed substances: vapes, drugs, cigarettes, alcohol, etc.
- ⊙ Age-inappropriate activities, like adult party games, piercing and/or tattoo kits



\* Amplify provides all equipment, but campers can bring their own instruments and such if desired. Please clearly label anything you don't want to accidentally donate to us!

\*\* Ask us about how to prepare for a tech/device/social media-free camp!